Devereux’s Short-Term Autism Intensive Residential Services – Neurobehavioral Unit (STAIRS-NBU) provides intensive treatment for children and adolescents ages six to 21. These programs serve individuals with a primary diagnosis of an autism spectrum disorder and/or intellectual and developmental disability who demonstrate severe to moderate communication and adaptive behavior skill deficits. These children and adolescents also have a history of a serious behavioral disorder defined as frequent and intense aggression, and/or self-injurious behavior, as well as other behaviors that are dangerous to self or others. Key program features include:

**Intensive treatment delivery:**
- Anticipated three- to six-month length of stay
- Consistent 1:1 direct care staffing ratios/small clinical caseloads

**Evidence-based practice:**
- Applied Behavior Analysis (ABA) intervention model
- Individualized Positive Behavior Support model for assessment, intervention, progress monitoring, staff training and performance feedback

**In-home functional behavior assessment:**
- Pre-admission Functional Behavior Assessment (FBA) conducted in the family’s home environment

**Comprehensive assessment process:**
- Data-based FBA; functional analysis

**Special education and ongoing IEP development throughout treatment:**
- Continuum of educational services and settings
- Community-based instruction opportunities

**CONTACT US**

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CLINICAL SERVICES AND TRAINING

Intensive Clinical Services:
- Daily behavioral assessment and intervention sessions delivered by Board-Certified Behavior Analysts (BCBA)
- Individualized Positive Behavior Intervention Plan implemented across residential, educational, home and community settings

Intensive Training in Functional Communication:
- Individualized communication plan development
- Assistive technology assessment available

FAMILY ENGAGEMENT/HOME SERVICES

- Individualized family treatment plan development
- Structured weekly parent/family behavioral intervention training program using Applied Behavior Analysis (ABA) curriculum
- On-site instruction, modeling and shadowing, as well as Skype and video training available. Family treatment and behavioral training provided in-home and in the community

Direct training in ABA strategies provided to home district educational team; support provided in implementing specific interventions at center and in an individual’s school.

CONTINUUM OF CARE

Continuum of Care:
- Capability of step-down within the Children’s Intellectual and Developmental Disabilities Services (CIDDS) treatment continuum
- Partnership with Center for Autism Research and Education Services (CARES) consultants to provide consultation services post discharge
- Partnership with Devereux Community Services to link with autism-specific Behavioral Health Rehabilitation Services (BHRS/wrap-around)

Active discharge planning and follow-up services:
- Pre-admission discharge goal development
- After-care service planning emphasized from first day of treatment